Hillbeck Newsletter

March 2025

We hope you enjoy reading about all the exciting things that happen at Hillbeck where everyone is made to feel welcome with our warm and friendly atmosphere





Internal Activities

Our activity lady organises a range of activities that take place every morning and afternoon... These include the multi-games table, Bingo, Arts & Crafts, Quiz's, Sing-a-longs, Armchair Exercise's, Board Games, Nail painting for the ladies and much more. Should your loved one have any particular interest then please speak with Louise.

Birthday's This Month

21st - Janice 22nd - Anne

Quote of the Month

"Spring is a lovely reminder of how beautiful change can be."

Getting to know our staff.

Employees of the month



Sharon has been nominated by her colleagues for her hard work, she is always on hand to pick up shifts when the house keeping team is short. Thank you, Sharon!!

Jackie always receives compliments from her colleagues and relatives for her attention to detail and her perfectly made beds. She is a great addition to the house keeping team. Well, done Jackie!!



Tahmina has been given her 5-year long service award, well done Tahmina!!

Hillbeck News

We would like to welcome our new residents Adrian, we hope that you have settled in well and will be very happy here at Hillbeck.

During February we enjoyed a music and movement session with Alison. Our residents love playing with various musical instruments, it gets very noisy but always lots of fun! We celebrated Valentine's Day by making crafts and enjoying dancing the afternoon away whilst enjoying being sung to by the lovely Keely.

Andrew the namaste barber made a visit to Hillbeck this month, the gents always enjoy having a fresh trim and a good natter with Andrew.

Jason Allen filled Hillbeck with smiles, singing and dancing for the afternoon.

We all enjoyed singing along to various Welsh singers for St Davids day as well as a quiz about all things Welsh.

We are happy that Spring is finally here, and we look forward to lots of garden walks and fresh air in March!

March planner

4th - Petting animals - 2pm + Pancake day

 $13^{\rm th}$ – Le'arna performing songs from musicals – 2.30pm $14^{\rm th}$ – Chinese themed lunch

17th – St Patricks day, Irish themed lunch + National hydration day + nutrition week, smoothies making and tasting + and fruit platters on offer all week.

21st - Red nose day activities + outing to the Bowling Alley.

28th - Mother's Day afternoon tea and cake, singing by Natalie to start at 2pm - £5 per person

> Dates for your diary 15th April 2pm - Hillbeck Easter party.































Kevin and Stacey's door is always open for you should you have any concerns.

Once again thank you for all your ongoing to support.



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