The Oast, Newsletter

February 2025



Residents celebrating their birthday this month are...

David - Feb 6th

, Regine - Feb 26th

Gill - Feb 26th

What we got up to in January

January 9th we had Kevin singing to us





On the 16^{th} we listended to Peter



On the 16^{th} we had music and mindfulness with Alison ...





We had arts and crafts

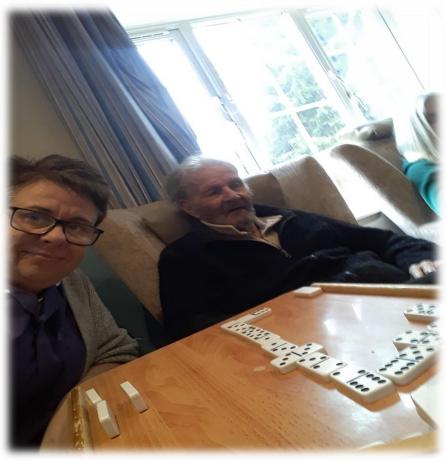




Games







And lots of dancing...





And of course seated exercises





We celebrated a long service award for our House Keeping team member Lalita who has been with us for over 5 years . Congratulations Lalita!



Weekly visits continued from our hairdressers and Benjy the Therapy dog .

What we can look forward to In February:

- February 6th, exercise and fitness with John
 - February 6th Kevin Walsh singing
- February 11th, Music and Mindfulness with Alison
 - Valentines Day, Leo and his guitar
 - February 16th, Peter sings
 - February 17th, Seated dance
 - February 23rd, Irish Dancing Display
- February 24th, Animalia Encounters with Naomi
 - February 26th PJ and Rose