

# The Vale Newsletter



*Welcome to The Vale's July Newsletter, we hope  
you enjoy!*

*This month we spent a lot of time in the garden  
as the weather was so good.*



Wendy enjoying the blossoms in the garden.



*Alison visited every Wednesday for  
music and mindfulness sessions*



*We celebrated two birthdays' Peter's  
and Barbara's*





*Upcoming birthdays and entertainment*

*Tuesday 13<sup>th</sup> August 2:30pm Peter Kneebone*

*Monday 19<sup>th</sup> August Pam's birthday*

*Friday 23<sup>rd</sup> August chiropodist*

*Friday 30<sup>th</sup> August Georgina (singer)*

*Hairdresser visits every other Thursday from  
8<sup>th</sup> August.*

*Events and birthdays in September*

*Tuesday 10<sup>th</sup> September animal encounters*

*Wednesday 11<sup>th</sup> September Chris Gillard*

*Wednesday 18<sup>th</sup> September Marco magician*

*Thursday 19<sup>th</sup> September Allans birthday and  
reminiscence morning*

*Friday 20<sup>th</sup> September sponsored walk*

*Sadly this month we lost one of our much loved residents.*

*RIP GINGE*



*Our deepest condolences to Ginge's family and friends he will be greatly missed by us all.*

*Employee of the month.....*

*Suguna, well done and thank you for your continued hard work at The Vale.*



*Here is what some work colleagues said about Suguna.....*

*Suguna hasn't been with us long but has already come a long way. Her confidence has really grown and is a very hard worker.*

*Suguna always has a smile on her face.*

*Suguna is very caring.*



*Our manager Caz has kindly made some beautiful cards that will be in the entrance area of the vale if anyone would like one for a small donation towards our resident fund*

*Thankyou*





*September 21<sup>st</sup> is national  
Alzheimer's day*

*On Thursday the 19<sup>th</sup> at 11am we  
would like you to join us for  
tea/coffee cake for a reminiscence  
morning please could you bring any  
old pictures or any significant to  
your loved ones for us to talk  
about.*



# *Sponsored walk*

*On the 20<sup>th</sup> of September for world Alzheimer's day Gracie and maybe a few other staff will be taking part in an independent sponsored walk of Mote Park to raise some extra funds for our residents so we can do something special. If anyone would like to donate/sponsor, please enquire at the vale or via email/telephone.*

*Lastly thank you all for your continued support we look forward to seeing you over the coming weeks.*

*The vale*

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