# Woodside

## Newsletter

### July 2024 Issue



I thought it was about time I introduced myself to you all. I'm Deena the new Activities Coordinator. I have been settling in here at Woodside these past couple of months getting to know all the residents, what a lovely bunch of people we have. All with varying degree of wants and needs. I have been busy doing 1:1 with each resident to get to know what they would enjoy regarding activities, so that I am able plan to make their stay with us fun and rewarding.

# Residents celebrating their birthday this month are...

Rosemary – 21<sup>st</sup> July

Paola – 22<sup>nd</sup> July

#### July 2024 Entertainment

July  $4^{th} 2024$ 

Vanessa Belly Dancer

16<sup>th</sup> July 2024 Anna Neale Singer/Actor

> 8th<sup>th</sup> August 2024 Barry Goss – Singer

17<sup>th</sup> August 2024

\*\*\*SUMMER FETE\*\*\* 2-4PM

20<sup>TH</sup> August 2024

Graham Hart – singer

We have had some great acts. Families are encouraged to come along to our entertainment, to enjoy some fun and laughter and spend some quality time with their family member.

\*\*\* Any help or ideas for the summer fete would be greatfully appreciated

## Getting to know our staff

#### In the spotlight this month



A big congratulations to our Administrator Karen here a Woodside who completed the Brighton Marathon 6hrs 7mins Although exhausted she is very pleased with herself, as she should be. We are all very proud – well done Karen.

A massive congratulations to Megha a member of our care staff for gaining a her master's degree in International Masters of Business administration at The University of Wolverhampton

## Resident Quote of the Month

#### " Character is Power"

We have been very busy with lots of Arts and Craft. Visits from the local primary school, a Motorbike Club for Father's Day, Easter Bonnet Parade, singing and dancing, Quizzes, Drumming, Shake it up Wake it up, (to get us going each morning) Bingo, reminiscing. Lots of sensory, cognitive, motor and social activities.









## **General News and Updates**

We are all very excited about our future fundraising events that we are planning. Please look out for future emails regarding this as we would love your support to raise monies to enable more activities and trips. We are planning to have a Summer Fete (17<sup>th</sup> August 2024), Sponsored Walk for residents and staff, and Art Exhibition with Cheese and Wine evening where we hope to sell the art that the residents have made.

Now for the hard bit. We are in need of a few things, and I wondered if anyone could help. We need bingo prizes (just little things like unwanted Christmas presents, smellies or chocolates) it makes it more fun. Also, any garden tools, big nuts, bolts and washers, old tools and toolbox (memories for the men) Anything would be gratefully received and very much appreciated.

Please come and say hello next time you visit it would be great to meet you all, always great to have a chat regarding your loved one's past, present and future, its helps with planning individual activities with them.